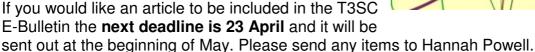
T3SC E-Bulletin - April 2009

Welcome to April's E-Bulletin and Happy Easter. In this issue we have the first meeting on 1 April for the new Tameside Arts Festival. We also have the new Voice network, a piano looking for a new home and the Are we all equal conference.

We have the latest Funding Bulletin available at: www.t3sc.org/April09E-Bulletin-funding.htm and T3SC's free training, plus useful guidance and legal information for groups.

The E-Bulletin is monthly and free to subscribers, if you would like to subscribe and make sure the next issue goes straight to your inbox please email Hannah Powell on hannah.powell@t3sc.org



If you would rather view the E-Bulletin online and flick between areas easily, go to: www.t3sc.org/April09E-Bulletin-contents.htm



Please don't print this PDF unless you really need to.

See our E-Bulletin page for archived issues. www.t3sc.org/e-bulletin.htm

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News

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Jobs in the local voluntary and community sector!

The jobs page www.t3sc.org/jobs2.htm currently has an opportunity to work for Home-Start Tameside as an Administrative Assistant and Support Worker position for Volunteer Reading Help.. The Jobs page is constantly updated so keep checking it. If you want to advertise a voluntary and community sector job on our jobs page please email hannah.powell@t3sc.org

New Voice 12 May 2009, 5pm-7.30pm at Hyde Town Hall You can make a difference in your community

What is Voice?

Since 2002 Voice (the 'network of networks') has been a meeting place for all community, voluntary and faith groups. It enables all kinds of Tameside groups and communities to influence key decisions that affect the community and voluntary sector.



'New' Voice is the result of a review T3SC has undertaken to ensure that Voice is effective. You have told us that Voice is a great means of gaining information, that people do want to be more involved in decision making, and that we need to enhance and support the role of your elected representatives.

What Do You Think?

T3SC wants everyone to have a chance to respond to the final proposals for New Voice. We would really appreciate it if you take a moment to print off and complete the form online and return it to us.

www.t3sc.org/tamesidevoice.htm

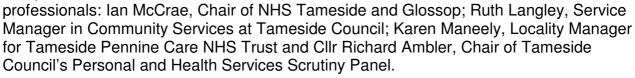
LINk launch event

Tameside Local Involvement Network (LINk) had its big launch event on 12 March at Hyde Town Hall. There was a good turn out and the room was full of participants and stalls.

Health Question Time

The highlight of the day was a Health Question Time with everyone given the opportunity to ask questions on health and social care issues in Tameside to a panel.

The panel consisted of health and social care





The Health Question Time was well chaired by Channel M's Andy Crane.

Successful event

It was an enjoyable event where participants learnt about the powers of the LINk and as well as the Question Time, participated in a workshop.

Here are some comments from the attendees:

'Very informative, have a much clearer picture of what LINk does.'

'Well planned, well organised, well attended for a first event, well done everyone!'

Thank you to everyone who attended the LINk Launch and we look forward to future events including the LINk AGM which will be held at the end of June (date and venue to be confirmed).

If you want to find out more about the LINk contact one of the LINk team at T3SC on tamesidelink@t3sc.org , Tel: 0161 339 4985, www.t3sc.org/LINk.htm

Free Health Checks for your group!

- Are you worried about your organisation's health?
- Is your management committee up to scratch?
- Do you have all the systems in place to stay afloat in these difficult times?
- Have you got your finger on the pulse on where your group's future funding is coming from?
- Does your membership need an injection of new life?



Then why not getting in touch with T3SC for a free organisational health check. **Contact** Naomi or Ruth on 0161 339 4985 or email naomi.creed@t3sc.org

Completing the health check will also help you work towards achieving a quality standard mark like PQASSO.

New PQASSO buddying group starting up

Prove your service is quality with a little help from some friends



What is it?

PQASSO is a practical quality assurance system for small organisations.

Get some help

If you want to complete the PQASSO award for your organisation and just don't know where to start, or have tried before and got nowhere, then why not join the PQASSO buddies.

This is an ideal opportunity to:

- Find out what you need to do
- Share your skills and ideas
- Make sure you collect the right evidence
- Keep you on track to make sure the work gets done
- And prove that your delivering a quality service

For more information: contact Ruth Madden on 0161 339 4985 or email ruth.madden@t3sc.org

Piano looking for a good home

Denton West Community Centre have a piano looking for a new home – it's in good condition but may need tuning.

Contact Pam Davis on 0161 292 6038 or Sylvia Harrison on 0161 336 3607 if you're interested.



Brave volunteers get their teeth into shark dive

Members of Tameside's vinvolved Youth Action Team took part in a charity shark dive at the Blue Planet Aquarium in Cheshire. The team of five were Maydul Islam (19), Munim Mohsin (19), Claire Walklett (19), Fiona Taylor (18) and Lauren Anderson (17) all from

Tameside. The event raised over £200 for Tameside Blind Association. The daring volunteers received two hours of intensive training before bravely stepping into the giant

tank of sharks and other tropical marine life including stingrays and moray eels.

Munim Mohsin said: 'Seeing sharks skim inches over our heads as we played with the tropical fish was a life changing experience. It was just brilliant and opened our eyes to the environmental issues around the planet.'

Each diver received a shark's tooth as a momentum and a certificate commemorating their experience. The huge tank at one of the country's biggest marine attractions contains 11 different species of shark, including sand tiger sharks up to three metres long.







vinvolved

vinvolved is the new national youth volunteering programme aimed at attracting young people aged 16 - 25 to give some of their time and reap the personal benefits of the volunteering experience. The primary objectives are to create the greatest range of volunteering opportunities, to inspire a new generation of volunteers and to encourage and support them through the volunteering process. Phil Austin, manager of the vinvolved programme in Tameside, said:

'Volunteering is a great way for young people to explore their own interests, learn about life, the working environment and to add a recognised and valued credential to their CV. A big bonus is that all volunteers get a nationally recognised award to acknowledge their endeavours.'

To find out more about vinvolved Tameside or if you would like to join Tameside's Youth Action Team contact Phil Austin or Addam Merali-Hosiene on 0161 339 5454 or email: phil.austin@vinvolved-team.org.uk addam@vinvolved-team.org.uk

Be part of something sustainable

Community and voluntary organisations in Tameside are being offered the opportunity to receive free training and support to help them become more sustainable.



The Sustaining Change programme is run by MERCi, one of the North West's leading sustainability charities, and will help organisations develop their social, environmental and economic practise to ensure a long term future for themselves and the communities they work in. Funded by the Big Lottery, the programme runs until 2012 and is already working

with T3SC and GMCVO. To qualify for Sustaining Change organisations need to have one paid member of staff and work out of premises.

The Sustaining Change programme is varied and groups can take as much or as little as they like from the services offered to create their own bespoke package of support, including free sustainability audits, training, networks, peer mentoring as well as a host of on-line resources. The Sustaining Change network will provide the opportunity for organisations to share good practise, support each other and develop new partnerships through networking events.

To find out more, contact the Sustaining Change team at MERCi at sustainingchange@merci.org.uk, Tel: 0161 273 1736 and ask to speak to a member of the Sustaining Change team.



Tameside Radio wants your input

- Do you want to broadcast your own community messages to listeners?
- Do you want to have your own volunteer reporter for your community group?
- Do you want to broadcast messages directly to the public?
- Record your own interviews?
- How about being trained in script writing and editing?
- Do you want to be in at the start of Tameside Radio's exciting second year?

The first volunteer reporters from four community groups have started their four week training. Tameside Radio need lots more groups to participate so get in touch.

Want to know more? Contact Maria Bailey (Community Engagement Officer) Tel: 0161 343 8446, email: maria@tamesideradio.com

Tameside Citizen's Advice Bureau (CAB) expands service

The Citizens Advice service is using a £10m funding boost from the Government to extend its opening hours and ensure even more people can benefit from receiving free, independent and impartial advice.



Tameside bureau in George Street, Ashton-under-Lyne, is one of over 340 CABs benefiting from the funding and has extended its opening hours by six hours per week. The bureau predicts this means they will be able to see over 1000 extra clients up to the end March 2010.

The Citizens Advice service has seen a large increase in enquiries linked to the downturn,

with sharp rises in people seeking advice on redundancy, benefits and mortgage and secured loan arrears. Last year the charity dealt with 5.54 million issues overall and fears this will grow further as more people lose their jobs, get further into debt and risk losing their homes.

The bureau's complete opening times are now as follows:

Monday 9-30am till 12-30pm
Tuesday 9-30am till 12-30pm
Wednesday 9-30 till 2-30pm
Thursday 10am till 12pm
Friday pre booked appointments only
Reception will be open 9am till 5pm Monday to Friday
Additional advice hours will also be provided at Hattersley and Dukinfield outreach locations.

Anyone in need of advice can either call into the bureau at 9 George Street and speak to our receptionist, or visit one of our other outreach locations at Haughton Green Centre each Wednesday morning, Newton each Thursday morning and Cavendish Mill on Mondays, or see our website www.tamesidecab.org.uk for further details.

Are you looking for a new start?

Do you want a career that will offer responsibility, variety, security, attractive rates of pay and at the same time allow you to make a real difference to your community? A career as a Police Officer could be for you!

The Positive Action Team are running a recruitment event on Saturday 25 April at Holy Trinity Community Centre, Dean Street, Ashton-Under-Lyne, OL6 7HD, 12pm – 2pm.

We will be going through the application process, giving hits and tips on filling out your application form and answering general enquiries. You will also leave with a draft application with the option to attend follow up workshops.



For further information, or to book your place. Please contact Kalpna Mistry on 0161 856 2363/07818 651517. Or email: positiveactionteam@gmp.police.uk

The positive Action Team work with applicants from under-represented groups (female, BME, LGBT and disabled) and offer career advice, guidance and support on all GMP recruitment processes.

Useful new guides and information

- Healthy lives, brighter futures The strategy for children and young people's health
- Credit Crunch focus
- Volunteering groups to work together on lobbying and campaigns
- New Care Providers Alliance
- NJC pay scales 2008/09
- Change4Life
- Join Heritage Lottery Fund/National Heritage Memorial Fund decision-makers
- New P45 form to be used from April
- Ten Nonprofit Funding Models
- Transitional moments in an organisation

Healthy lives, brighter futures - The strategy for children and young people's health

The Government has now published its long term vision of a 21st Century children's health service aimed at improving the health and wellbeing of all children, including £340 million to support children with disabilities and their families.

The joint strategy Healthy lives, brighter future: the strategy for children and young people's health - published by Children's Secretary Ed Balls and Health Secretary Alan Johnson - sets out for the first time what children and their families can expect from child health services in their areas from birth through to the age of 19

The publication can be downloaded at www.dh.gov.uk/en/Publicationsandstatistics/Publications/ PublicationsPolicyAndGuidance/DH 094400

If you provide a service for families, children and young people and you want to know more about how policies like this will affect you at a local level then contact veronica Hyde on funkylizard@t3sc.org

Credit Crunch focus

How is the credit crunch affecting voluntary and community organisations locally?



- Are you seeing an increased demand for your services because of the credit crunch?
- Are you seeing a fall in income or donations?
- Have you received increased funding to enable you to respond to the current economic conditions?
- What additional things could T3SC and other partners be doing to help organisations cope in the current economic conditions?

Tony Okotie, Director at T3SC, is keen to hear how the credit crunch is affecting voluntary and community organisations working in Tameside. It will help us to ensure that we can tailor our services appropriately, and to help us build a picture to inform strategic partners and to advocate for increased resources for the sector.

If you have any specific examples, thoughts or comments, please let Tony know, Tel: 0161 339 4985, email: tony.okotie@t3sc.org

Ready, Responding, Resilient - NAVCA launch recession help webpages

NAVCA (National Association of Voluntary and Community Action) has launched dedicated webpages to assist local infrastructure organisations to be better prepared to support their local third sector to avoid the worst aspects of the recession. The pages allow visitors to see how NAVCA is



providing recession support, find out how other organisations can help them, get data about how the recession is impacting on the third sector and provides a selection of the best available resources all in one place, making it easy for visitors.

The webpages can be viewed at www.navca.org.uk/recession

Increasing concern over sector impact of downturn

The Charity Commission's latest Economic Survey of Charities, following up one conducted in September, has found that 52% of charities surveyed said that they had been hit by the credit crunch, compared with 38% previously, but only 3% of charities had considered collaborating with another charity and 3% had considered merging. Read the main results in the news item at



<u>www.charitycommission.gov.uk/news/downturn.asp</u> , or download the full research report (pdf, 204KB) from

www.charitycommission.gov.uk/Library/common/downturn.pdf
Or Charity Finance news item, www.charityfinance.co.uk/home/content.php?id=2664

Government Action Plan for the 3rd Sector

Part of the Government's recession action plan includes a pledge to urge public bodies to pay third sector organisations within 10 days of an invoice being received. Charities should ensure this is written into all new public contracts.

Other measures set out to support the sector can be found at the website below. www.cfdg.org.uk/cfdg/influencing recession watch.asp

Volunteering groups to work together on lobbying and campaigns

At a summit meeting this week to discuss the future of volunteering, 16 representatives from across the sector, including umbrella bodies NCVO, NAVCA and Acevo, said they would work to provide a coordinated public response on volunteering policy issues. They also agreed to lobby government collectively to secure more funding for projects and resources, where appropriate. A spokeswoman for Volunteering England, which organised the meeting, said the new approach would involve voluntary sector bodies consulting each other before meeting policymakers, and developing coordinated responses to the publication of any new research or action plans relating to volunteering.

New Care Providers Alliance

The Care Providers Alliance has been formed from 11 organisations that work across adult social care. It also pledged to 'provide leadership to the care sector at a time of considerable change and uncertainty'. Des Kelly, executive director of the National Care Forum and the first chair of the group, said: 'Many of us were already working together and the Care Providers Alliance simply builds on the shared principles and relationships in a more formalised way.'

The members of the alliance are: Association for Real Change, Ceretas, English Community Care Association, Federation of Small Businesses, Mental Health Providers Forum, Shared Lives National Care Association, National Care Forum, Registered Nursing Homes Association, United Kingdom Homecare Association and Voluntary Organisations Disability Group.

NJC pay scales 2008/09

The arbitration panel has awarded an additional 0.3% award with effect from 1 April 2008. The new figures represent an increase of 2.75% on the April 2007 payscales and not a 0.3% increase on the previously issued April 08 figures. The new scales are available on our website via www.navca.org.uk/localvs/scales

Change4Life

Change4Life, (the DH campaign to encourage every family in England to eat well, take more exercise, and live longer) has published a range of toolkits, including a Top Tips leaflet for families, supporter poster and children's colouring/activity sheet.



<u>www.nhs.uk/change4life/Pages/PartnerTools.aspx</u> or www.nhs.uk/change4life

Join Heritage Lottery Fund/National Heritage Memorial Fund decisionmakers

The Heritage Lottery Fund distributes £180m per year of lottery investment to help conserve, sustain and share the heritage, now and for future generations. Would you like to be part of this process? If you are enthusiastic and passionate about the UK's heritage and think you can apply your skills and experiences during this exciting and challenging time visit:



www.culture.gov.uk/working with us/public appointments/1008.aspx

New P45 form to be used from April

Employers are being reminded by HM Revenue and Customs that they must use the new A4 version of form P45 from 6 April. Introduced in October 2008, the new form includes date of birth and gender. News item: http://nds.coi.gov.uk/Content/Detail.asp?ReleaseID=394560&NewsAreaID=2



Ten Nonprofit Funding Models

The commercial world has business models giving a shorthand to describe and understand the way companies are built and sustained, according to an article on Stanford Social innovation Review. Identifying that nonprofit executives have not been as explicit about their funding models and have lacked an equivalent lexicon, they propose ten nonprofit business models. An inevitable American flavour but the approach could have relevance here too. www.ssireview.org/articles/entry/ten nonprofit funding models/

Transitional moments in an organisation

This month's 'Tools You Can Use' e-bulletin from Fieldstone Alliance is based around the book 'Seven Turning Points: Leading through Pivotal Transitions in Organisational Life'. Reading the list of turning points may be useful by itself (e.g. Turning Point 4: Do we need to focus? Opportunistic, unplanned growth results in an absence of focus and priorities and spreads an organisation too thin. The organisation needs to acquire discipline and focus on a few key areas.).

www.fieldstonealliance.org/client/tools you can use/03-04-09 seven turning points.cfm

The above news was resourced from:
VolResource newsletter www.voluntarynews.org.uk
Third Sector www.thirdsector.co.uk/ and
NAVCA LINX www.navca.org.uk/publications/linx/

Funding

- Funding Bulletin
- Grants up for grabs in Droylsden

Funding Bulletin

Our latest compiled **Funding Bulletin** for April 09 is available www.t3sc.org/April09E-Bulletin-funding.htm.

To look through archived funding bulletins go to our funding page: www.t3sc.org/funding2.htm. It also contains factsheets on completing applications and themed funding guides for children and young people, older people and buildings amongst others.

If you are looking for funding and can't find exactly what you are looking for here we have the FunderFinder and GRANTfinder database at T3SC which you are free to use. Or you could use our **Resource Room** to fill in your application form, have a cup of tea, use the excellent resources and get some support.

T3SC (Tameside 3rd Sector Coalition), St Michael's Court Stamford Street Ashton OL6 6XN, Tel: 0161 339 4985, email: hannah.powell@t3sc.org

Grants up for grabs in Droylsden

Priorities/details: Do you run an organisation that works to improve Droylsden? If so, then help could be at hand from the Fair Share Trust in Droylsden which currently has over £200k available for community projects in the area. The Fair Share Trust in Droylsden has already awarded £214,400 over the last two years to various community projects. Groups in Droylsden that have recently benefited from funding through the Fair



Share Trust include the Water Adventure Centre, Droylsden Youth Centre, Droylsden Little Theatre, Fairfield Moravian Church, Ashtree Leisure Garden Society and Littlemoss War Memorial Garden Trust. The average grant awarded so far is £16,500.

Who for? To be eligible for a grant from the Fair Share Trust in Droylsden groups must be involved in activity that reaches one of the key priorities identified for area. These priorities include activity that:

- Encourages local volunteers to get involved
- Increase access to facilities, services and activities
- Supports improvements to the local environment.

Organisations that can apply can be community and voluntary groups, charities or schools and statuary agencies where they provide non-statutory activities.

Grant amount: Groups can apply for a **minimum** of £5,000 to run projects that last between 1-3 years.

Application process: If you feel your project can tackle one of the above priorities then the Fair Share Trust in Droylsden would like to hear from you. Please call the Community Foundation on 0161 214 0940 to discuss your ideas with us and to request an application pack.

Deadlines: Friday 17 April, Tuesday 14 July and Tuesday 13 October.

Volunteering, local groups and networks

- New Voice
- Evening voluntary work at Tameside Hospital
- St James Community Garden Gardening Event and volunteers needed!
- Stalybridge Smart Seniors need volunteers
- Tameside Local History Forum bringing the past to life
- Why not host an exchange student
- Are you interested in the future of Tameside Hospital?

Evening voluntary work at Tameside Hospital

Tameside Hospital has a Mobility Scooter service, which takes patients who are unable to walk to their outpatient appointments on the hospital site. At present, the service works during 9am to 4pm from Monday to Friday but we would like to extend it to include evenings in order that patients who attend evening appointments can also access the service.

Are you interested in working as a scooter volunteer between the hours of 4pm to 7pm? If so, please contact the Voluntary Services Manager, Mrs Karen



Eato on 0161 331 5335 to discuss or request an application form to do voluntary work at the hospital. Training is provided.

St James Community Garden – Gardening Event and volunteers needed!



St James Community Garden is a community project on Romney Street in Ashton-under-Lyne. We've just started to grow our own vegetables and are looking forward to planting up the garden this spring with plants donated by Tameside in Bloom.

We're holding a joint 'Activity Morning' with SureStart on Monday 6 April from 10am – 11.30am.

There will be planting, a raffle and a sunflower competition. Do come along and join us, bringing gardening tools if you have them.

We are also looking for volunteers to come and help us with gardening. We would also be interested in hearing from anyone who has carpentry skills who could help with building some wooden structures.

For more details, please contact Jo Farnworth on 0161 330 4925.

Stalybridge Smart Seniors need volunteers

Stalybridge Smart Seniors need a volunteer for Wednesday afternoons 12.30 to 3.30 to help run the over 50's group. Its only light work, letting folks in setting tables out etc.

If you are interested please can you contact Colin Kirby at T3SC, Tel: 0161 339 4985, email colin.kirby@t3sc.org

Tameside Local History Forum – bringing the past to life

- Curious about the history of your local area?
- Tracing your ancestors?
- Want to know more about a particular building or road?

Tameside Local History Forum is the umbrella organisation for over thirty local groups and societies involved with local history and heritage matters in Tameside. We produce an annual, glossy magazine -

History Alive Tameside - and maintain an award-winning website.

TOWNS TOWNS

To find out more about local history and heritage in the borough visit our website: www.tamesidehistoryforum.org.uk

Why not host an exchange student

Are you interested in learning about other cultures? Become a host family with Education First (EF) High School Year.

EF's students are aged 16-18 years old and come to the UK to study for their AS levels in local schools. With 30 different nationalities to choose from EF can match you with a teenager that suits your family.

If you are interested in becoming a host family or for more information, Tel: 0800 389 5850, www.efhighschoolyear.co.uk

Are you interested in the future of Tameside Hospital?



Do you or someone you care for attend appointments or receive treatment at Tameside Hospital?

Are you interested in having your say about the future of your local Hospital?

How can you help?

By becoming a member of Tameside Hospital NHS Foundation Trust you can contact your member of council to discuss any issue which may affect you or those that you care for and help to influence future decisions. You may want to become involved in groups or committees operating in the hospital.

Joining

There are several ways to join. Either contact the membership office on 0161 922 4175, fill in a form at the Hospital or you can sign up online at www.tamesidehospital.nhs.uk/pages/FoundationTrustApplicationForm.asp

We look forward to hearing from you.

Training

- T3SC's April and May Training
- Volunteer Centre Training
- Tameside Safeguarding Children Board (TSBC) Course Dates
- Topaz at Mind courses

T3SC April and May Training

April



Demystifying Commissioning 21 April, 10am—1pm at T3SC

Training to help you become more competitive at winning tenders. Getting to grips with the basics.

What do the terms commissioning and procurement mean?

- How and where to find tender opportunities.
- What you'll need to think about as an organisation.
- How to get started.

Introduction to being on a management committee 29 April, 10am—2.30pm at T3SC

A one-day course covering the roles and responsibilities of a committee, the Chair, Treasurer, Secretary and other committee members and how to run successful meetings. A great course for anyone who is new to committees or someone who wants refresher course and pick up new skills and tips!

May

Winning tenders 19 May, 10am—1pm at T3SC

- Tendering tips
- Understand what makes a good answer
- Learn some tips of the trade
- Understand the common pitfalls and how to avoid them
- Get to know the process of tendering in detail and what is expected

Raising your profile - New Date!

26 May, 10am-3pm at Medlock Sports Centre, Droylsden

Training course on marketing and publicity – learn how to get your group noticed, attract new members and supporters.

We cover:

Why marketing is important
Writing press releases—what have you got to say?
Local contacts—what channel can you use to get your story heard
Tips for radio interviews
Websites—the benefits and how to get a quick easy web presence
Leaflets—putting together a snappy leaflet

Where?

The session above will take place at T3SC, St. Michael's Court, St. Michael's Square, Stamford Street, Ashton-under-Lyne, OL6 6XN

To book contact Dawn or another member of Support and Development Team on 0161 339 4985 or email dawn.acton@t3sc.org

Volunteer Centre Training

Learning Disability Awareness 2 April at the Volunteer Centre Tameside, 95-97 Penny Meadow, Ashton-under-Lyne



Support and Supervision

May 9 at the Volunteer Centre Tameside, 95-97 Penny Meadow, Ashton-under-Lyne

The training is free to all voluntary and community sector groups.

To book on the above course, or for more information on this or any other training requirements your organisation may have contact David or Riona on 0161 339 2345.

Tameside Safeguarding Children Board (TSBC) Course Dates

Below is the TSCB training for April and May:

Child Protection Awareness 'Keeping Children Safe' - Arranged on request.



E Learning – Basic Child Protection Awareness

Application form at <u>www.tameside.gov.uk/childprotection/training</u>

Self Study by application. Available until 1 July 2009

Working Together to safeguard Children

Module 1: Recognition and Response - 20 and 21 April 2009 and 18 and 19 May 2009

Working Together in Child Protection Planning.

Module 2: (1& 1/2 days) - 5 and 6 May 2009

Domestic Abuse Awareness - 23 April 2009 and 20 May 2009

Safeguarding Children where there is Domestic Abuse - 12 May 2009

Safeguarding Young People Facing Forced Marriage - ½ day session, 27 April 2009

Basic Substance Misuse Awareness - 13 May 2009

Common Assessment Framework

Practitioner Day - 20 April 2009

Using Common Processes in Meeting Children's Needs Practice Workshops, 9am – 1pm, 12 May 2009

Please see full TSCB programme on website for further details of each course; www.tameside.gov.uk/childprotection/training

Topaz at Mind courses

All courses open to adults aged 16 and over who live in the Tameside and Glossop area. Courses - £2.50 per session (unless stated below) - All courses to be pre-booked and paid fully in advance on the first session. 0161 330 9223; office@tgmind.co.uk

www.topaz-ashton.org

Visual Art Course – 3D Newspaper Animals – Mondays, 2pm-3.30pm (3 weeks with a week off for Easter Monday) – starts 30 March to 20 April.

For better mental health

m: ...d

Introduction to French – Thursdays, 10.30am-12noon (6 weeks) – mental health starts 23 April to 25 June. Learn French in a relaxed atmosphere covering a variety of topics. (£1.50/session. There is also a French course starting this coming week as well for six weeks in a relaxed atmosphere covering a variety of topics. (£1.50/session)

Sculpture Modelling – Fridays, 1-2.30pm (8 weeks) – starts 17 April to 5 June. Work on producing your own sculpture models. Either bring your own ideas or chose from ideas created by the course facilitator. All materials provided.

Complementary Treatments Sessions – 1-3pm. Friday 3 April: Reiki. Friday 24 April: Reflexology. Book ½hr sessions.

Art and Craft – Tuesdays, 10.30am-12.30pm (4 weeks) – starts 24 March to 21 April. Join in, have fun and experiment with any type of art and craft materials. All materials provided** Name change from Free Style Art to Art and Craft as there is a larger choice of art related activities, including craft based activities as well.

Beating the Blues – Thursdays, 4.30-5.30pm or 5.30-6.30pm (9 weeks). Computer based self help programme for mild depression and anxiety. (free)

Legs, Bums and Tums (Aerobics) – Mondays, 1.30-2.30pm – 23 March onwards. Get fit and lose weight to music. Join at any time. Run in conjunction with the Healthy Living Project. (£1.50/session)

Meditation for Life – relaxation – Tuesdays, 1-2pm (6 weeks) – starts 7 April to 12 May. Guided meditations to relive stress and anxiety with each session focusing on a specific issue e.g. self confidence, inner peace, self motivation, etc.

Introduction to lyengar Yoga – Wednesdays, 2-3.30pm (10 weeks) – starts 15 April to 1 July (no class 27. May). Gentle exercise at your own pace. Wear loose clothing. All equipment provided.

Contact: 0161 330 9223; office@tgmind.co.uk; www.topaz-ashton.org 216-218 Katherine Street, Ashton-under-Lyne. OL6 7AS

Dates for your diary

- Network meeting dates
- Are We All Equal?
- The Funky Lizard
- The Big Cheese A network especially for Chairs and Vice-Chairs!
- Tameside Arts Festival
- Khush Amdid are Celebrating Women's Day & Easter
- Tameside Enterprising Women's Network SPRING FLING! Love YOURSELF, Love Your Business
- Tame Valley Scout Council Present Rail Road 2009
- Starseekers Centre Players presents Last Tango in Whitby

Network meeting dates

April

2 April - Community Development Workers lunch, 11.30 am at T3SC

Contact: colin.kirby@t3sc.org

6 April – Joint Providers Forum/TOPAG meeting, 10am with buffet lunch at T3SC

Contact: colin.kirby@t3sc.org

7 April – Interfaith committee meeting

Contact: mohamed.seedat@t3sc.org

15 April – Crime and Disorder Reduction Network Buffet lunch, from 1pm. Info for

Reps

Contact: colin.kirby@t3sc.org

23 April - Crime and Disorder Reduction Partnership meeting, 2pm at TMBC offices,

Ashton-under-Lyne

Contact: colin.kirby@t3sc.org

Are We All Equal? 22 April, Dukinfield Town Hall, 9.30am-3.15pm

A free, one day event for community groups and voluntary organisations providing practical support, training and information to combat discrimination. Inspiring speakers, discussion forums, panel questions and time to meet others will raise awareness of the 'equalities agenda and obligations' so we can improve the way we work and the protection of people's rights. Make sure you don't miss this chance to discover the



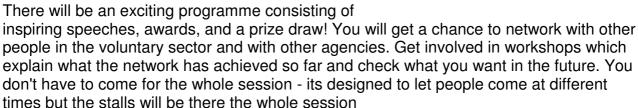
The Funky Lizard

Do you provide a service/activity for families/children and youths in the community?

- Do you want to showcase your work to everyone in Tameside?
- Do you want to find out about what the funky lizard can do for you and your project?
- Are you from a different agency and want to find out what the voluntary, community and faith sector does?



Come along to Dukinfield town hall on Wednesday, 6 May, 2p.m. to 7p.m.



Unbelievably, there will be entertainment and delicious food, as well!

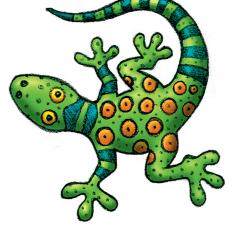
If you would like to find out more, have a stall, or book your place, please give Veronica a ring on 0161 339 4985 or e-mail me at funkylizard@t3sc.org

Big Cheese – A network especially for Chairs and Vice-Chairs! Next meeting: 22 April 6.30 – 8.30pm at T3SC

Calling all chairs of local management committees... Are you unsure of your roles and responsibilities or want to feel more confident? Then the Chairs Network is for you!

Focus of session: Roles and responsibilities Whether you're new to the role or been a Chair or trustee for years, don't miss this great opportunity to:

- Share the load
- Discuss common issues





- Learn from others
- Pick up top tips and practical resources
- Get new ideas for your organisation

For more information or if you can come along, please contact Naomi on 0161 339 4985 or email naomi.creed@t3sc.org



Tameside Arts Festival

The Tameside Arts Network intends to organise a Tameside Arts Festival next year, and would like to get everyone on board at an early stage. We are certainly aware of the problems in putting together Tameside-wide events, but we are very keen to raise the profile of the arts in Tameside, and we think that a 2010 arts festival could be an excellent step along the way. It would be a Tameside Arts Network event, not a council event, although we will have the council's Arts and Events Officer at hand to advise.

We would therefore like to invite you, whatever area of the arts you might be interested in, music, theatre, dance, painting, pottery, writing, etc. to join us for a preliminary shortish planning meeting at the Portland Bistro on Wednesday 1 April, 7-9pm. A light buffet will be provided. Apologies for the short notice!

For more information contact John Miles on j.p.miles@btinternet.com

Khush Amdid are Celebrating Women's Day & Easter Wednesday 8 April 2009, 12pm – 3.30pm at Holy Trinity Primary School, Kenyon Street, Ashton-under-Lyne, OL6 7DU

The day will include:

- Food and refreshments
- Stalls
- Salwar Kameez
- Henna hand painting
- Tombola
- A beautician
- Children's clothes
- Free bulb's available (limited stock)

Plus Much More!

For Further Information Contact: Naila on 07954133371



Race night for 4C Community Centre 8 May, 7pm at Albert House, Jowetts Walk, Ashton-under-Lyne

As part of The 4 C Community Centre's continued efforts to raise the money for the construction of a brand new, eco-friendly community centre in Ashton-under-Lyne, we are hosting a Race night. We are looking for local companies to sponsor races at £250. Anyone in the community can buy horses at £10 each and it will cost £5 to get in which includes a tasty supper!



If you are interested in getting involved or looking for a fun night out to raise money for a great cause, please contact Mike at mike@4ccommunitycentre.org.uk, Tel 0161 343 1261.

For more information on the community centre please visit: www.4ccommunitycentre.org.uk

Tameside Enterprising Women's Network - SPRING FLING!
Love YOURSELF, Love Your
Business
Dukinfield Town Hall, Tuesday 21
April, 2009, 5.30pm - 9pm

Would like to invite you to our next free networking seminar

Keynote Speakers

Inside Out - Session One - Personal Styling and Image

When entering a room you only have a matter of seconds to make your impact. 93% of that impact will be a result of your visual appearance, so getting this right is crucial to making that all important impression.

Keynote Speaker - Nadine Broome - Hope Holistics

The Press / Media representation of women in business: a constant theme of 'lack of confidence'. How true is it? Putting all the negative representations aside and concentrating on what needs to be done to succeed.

Inside Out Session Two- Strengths Profiling – Relationship and Conflict Management

Understanding and choosing the right combination of personal strengths to ignite and deploy, in work or play situation, is crucial to your individual or team impact and success.

Networking Supper and a chance to practice pitching your business to camera, if you're feeling brave!

To book: Places are limited so please book early. Ring Dee Kearney, Tel: 0161 342 3641, email: deena.kearney@tameside.gov.uk

Tame Valley Scout Council Present Rail Road 2009
A model railway and transport show at Astley Sports College,
Yew Tree Lane Dukinfield, Saturday 18 April,10am - 5pm,
Sunday 19 April, 10am - 4pm



Come along to the model railway and transport show at Astley Sports College, Yew Tree Lane Dukinfield, Saturday 18 April, 10am - 5pm, Sunday 9 April, 10am - 4pm

There will be model railway's, Thomas the Tank Engine, transport displays in all scales, vintage vehicles, military vehicles, motor cycles, trade stands, items for sale and demonstrations. Refreshments are also available. There is ample free car parking and the site has full disabled access.

There will be lots to see for all the family. Adults £3 Children £1.50 Family - 2 Adults & 2 Children - £7 In aid of the Scouts.

For further information contact Tom Lowther, Tel:0161 338 5097, mob: 07719259638, email: superscout@tiscali.co.uk

Starseekers Centre Players presents Last Tango in Whitby by Mike Harding 7:30 pm at Hurst Community Centre, Kings Rd, Ashton

All Tickets £5.

For availability and bookings please contact Linda on 07946345213



T3SC (Tameside 3rd Sector Coalition) St Michaels Court Stamford Street Ashton OL6 6XN Telephone: 0161 339 4985

Email: hannah.powell@t3sc.org